



NEWS RELEASE

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September 11, 2006

FOR IMMEDIATE RELEASE

City of Las Vegas October 2006 **LEAGUES, SPORTS & SWIMMING (ALL AGES)**

(All activities are subject to change. List is not all-inclusive. Call centers near you for complete list of classes and activities. Most activities require advance registration.)

Outreach Sports (ages 6-11)

Fees: vary; most are free.

Citywide Youth Sports, 3074 Arville Street, (702) 229-1646.

Fun and safe recreation for children. Scheduled sports include T-ball, basketball, flag football, soccer, wrestling, track and field, tennis, kickball, martial arts, cheerleading, whiffle ball and war ball.

Locations and times vary. Call for information.

Free Health Hearts: Tone, Stretch, Relax (adults)

Wednesdays, 6:30 to 7:30 p.m.

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

Yoga and Pilates-based exercises. Mats provided.

Pilates with Jackie (ages 18+; 16-17 if accompanied by parent)

Monday through Friday, 5:30 to 7 p.m.

Fee: \$15/month

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

Teen Kickboxing for Beginners (ages 13+)

Tuesdays and Thursdays, 6 to 8 p.m.

Fee: \$15/month

Doolittle Community Center, 1950 North J Street, (702) 229-6374.

11 vs. 11 Adult Soccer League (ages 18+)

Tuesdays or Wednesdays

Fee: \$300 per team, plus \$250 officials' fees. Call (702) 229-1633 for registration and start dates.

Kellogg and Zahar Sports Complex, W. Washington Avenue at Buffalo Drive.

Teams must wear matching jerseys. Divisions are Coed 18+, Men 35+, Women 30+, Men 30+, Men 40+, Men 18+, Women 18+, and Coed 30+. Soccer is played all year.

11 vs. 11 Coed Adult Soccer League (18+)

Wednesdays, dates and times to be announced.

Fee: \$300 per team, plus \$250 officials' fees. Includes 8-10 games plus playoffs. Open age division.

Centennial Hills Park, Elkhorn Road at Buffalo Drive. Playoff teams pay \$25 per game.

Sponsored by Molasky Community School. Call (702) 229-5345 for information and registration.

Over 35 Coed Adult Soccer League (35+)

Wednesdays, dates and times to be announced.

Fee: \$250 per team, plus \$200 officials' fees. Includes 6-8 games plus playoffs.

Centennial Hills Park, Elkhorn Road at Buffalo Drive. Playoff teams pay \$25 per game.

Sponsored by Molasky Community School. Call (702) 229-5345 for information and registration.

Jazzercise (ages 12+)

Monday, Wednesday and Thursday, 6:30 to 7:30 p.m.; Saturday, 9 to 10 a.m.

Fee: \$34 per month

Lied Community School, 5340 West Tropical Parkway, (702) 229-5072.

Sports Galore

Fees: vary; some are free with membership.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Dula offers bowling at Jerry's Nugget; pickle ball, table tennis, bocce, golf, paddle tennis, basketball, volleyball, hiking and weight training. Call for days and times.

Youth Gymnastics (ages 18 months-14 years)

Days and times vary according to age and level of achievement.

Fee: \$29, \$34 or \$42, depending on age and class frequency.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

For beginners through Level 8 recreational gymnasts, includes tumbling, balance beam, mini trampoline, vault and uneven bars.

Free Bocce & Horseshoes Groups (ages 50+)

Bocce Mondays and Wednesdays, 10 a.m. to noon.

Horseshoes Tuesdays and Thursdays, 10 a.m. to noon.

Northwest Senior Center, 6841 W. Lone Mountain Road, (702) 229-4794.

Free Open Table Tennis (ages 50+)

Monday through Friday, 12 to 2 p.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Mondays and Wednesdays, 9 to 11 a.m.

Doolittle Senior Center, 1950 North J Street, (702) 229-6125.

Mondays and Wednesdays, 8:30 to 11:30 a.m.

Howard Lieburn Senior Center, 6230 Garwood Avenue, (702) 229-1600.

Free Paddle Tennis (ages 50+)

Mondays, Tuesdays and Thursdays, 7:30 to 9:30 a.m.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Hot to Trot Walking Club (ages 50+)

Monday through Friday, 6 to 7:30 a.m. Walking track is inside climate-controlled gymnasium.

Veterans Memorial Leisure Services Center, 101 North Pavilion Center Drive, (702) 229-1100.

Free Shuffleboard (ages 50+)

Last Thursday of each month, 9 to 11 a.m.

East Las Vegas Community/Senior Center, 250 North Eastern Avenue, (702) 229-1515.

Feeling Good Fitness (adults)

Mondays and Wednesdays, 6 to 7 p.m.

Fee: \$20 per month

West Community Center, 2050 Sapphire Stone, (702) 229-5080.

Fitness assessment, fitness plan, stretching, toning, low-impact exercise class and personal training teach you how to successfully reach your goals with easy-to-use fitness equipment.

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Pickle Ball (ages 50+)

Tuesdays and Thursdays, 7:30 to 11 a.m.

Dula Gymnasium, 441 East Bonanza Road, (702) 229-6307.

Bring tennis shoes. All equipment supplied.

Biddyball Hoop League (up to age 7)

Registration opens Sept. 12. Clinic for pre-registered participants Saturday, Sept. 23; play Mondays, Wednesdays and Fridays begins October 23.

Fee: \$50 per player. Birth certificate required.

Gibson Community School, 3990 W. Washington Avenue, (702) 229-5096.

Fall Flag Football League (adults)

Play begins Sunday, October 1. Registration through September 22. Game times 9 a.m. to 9:30 p.m.

Fee: \$250 per team, plus \$33 officials' fees per team each game.

All American Park at Oakey and Buffalo Drive, or Ed Fountain Park at Vegas Drive at Decatur Blvd.

Register at Municipal Sports Office, 1020 E. St. Louis Ave., (702) 229-1529. Call for information.

Fall Softball Leagues (adults)

Play begins Monday, October 2. Games scheduled Monday through Friday.

Fee: \$475 per team, plus \$168 umpire's fee.

Register at Municipal Sports Office, 1020 E. St. Louis Ave., (702) 229-1527. Call for information.

Play at Freedom Park, Lorenzi Park, Doc Romeo Park or Veterans Memorial Leisure Services Center fields. Pre-registration September 11-15 is open to teams who played in a City of Las Vegas softball league since Fall 2005. Open registration will be held September 18-22, 9 a.m. to 5 p.m. (later by appointment). See registration form for scheduled days and parks for each division.

T-Ball (ages 4-5)

Saturdays, beginning October 7. Registration open until full.

Fee: \$45, includes T-shirt, hat and pizza party. Volunteer coaches needed.

Robison Community School, 4794 Harris Avenue, (702) 229-2542.

Boys and girls learn good sportsmanship and basic baseball skills.

Girls All-Star Hoop Game Basketball League (ages 7-11)

Tuesdays and Thursdays beginning October 17; registration opens September 12.

Fee: \$50 per player.

Gibson Community School, 3990 W. Washington Avenue, (702) 229-5096.

DTC Little Pumpkin Junior Open Tennis Tournament (ages 10-18)

October 12-15

Fee: \$30 single, \$20 double

Amanda & Stacy Darling Memorial Tennis Center, 7901 W. Washington Avenue, (702) 229-2100.

USTA sanctioned event. Use Tournament No. 257134606 to register online at www.usta.com by

October 6. Contact Sandy Foley at 229-2100 for details.

Fall Youth Basketball Leagues (ages 5-15)

Saturdays, 10 a.m. to 3 p.m., beginning October 28. Registration October 7-20.

Fee: \$65 per child, includes T-shirt, medal and end-of-session pizza party.

Mirabelli Community Center, 6200 Hargrove Avenue, (702) 229-6359.

Volunteer coaches needed. Coed divisions ages 5-6, 7-8, 9-10, 11-12; boys 13-15; girls 13-15.

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Mirabelli Sports Leagues (adults)

Fees: Call for details. Registration October 7-20. Play begins October 23.

Mirabelli Community Center, 6200 Hargrove Avenue, (702) 229-6359.

Women's Volleyball, Mondays, 6 to 9 p.m.

Men's Basketball, Tuesdays, 6 to 9 p.m.

Coed Volleyball, Wednesdays, 6 to 9 p.m.

Over 40 Basketball, Thursdays, 6 to 9 p.m.

Coed Paddle Tennis, Fridays, 6 to 9 p.m.

Over 40 Table Tennis, Fridays, 8 to 11 a.m.

ITA Great Pumpkin Junior Sectional Tennis Tournament (ages 12-18)

October 26-30

Fee: \$75 Singles; \$10 Doubles per player

Amanda & Stacy Darling Memorial Tennis Center, 7901 W. Washington Avenue, (702) 229-2100.

USTA sanctioned event. Use Tournament No. 257101506 to enter online at www.usta.com by Sept. 29. Contact Rob Merriman at (702) 792-8384 for details. Play at several locations in Las Vegas.

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